# **Outline lesson plan**





English for PS, Sek I, Sek II

### **Dossier Heart**

The pump – Nicole's heart defect – Heart and lifestyle – Love

29:45 Minutes

## **Summary**

The heart beats about three billion times during a lifetime, pumping 420 million litres of blood around our body. This corresponds to the water consumption in the city of Zürich in four days. A considerable activity for an organ of the size of a fist. But the heart is not only responsible for the blood circulation: Beating or aching, we know it in the context of love.

#### Learning goals

The students...

- 1. The students learn how the heart functions.
- 2. They also get to know heart diseases and how they are dealt with. The students get an insight into heart research.
- 3. They are invited to think about their own heart and how they treat it.

### **Methodical ideas**

- 1. The teacher shows the part in which the beating heart is shown at the beginning of the programme (without sound).
- 2. The students express their thoughts about what they have just seen: questions, suppositions, knowledge they already have. The teacher writes all that on the blackboard.
- 3. The students watch the film.
- 4. Afterwards, the class gets new information down in writing (on the blackboard).
- 5. The class is then split up in five groups. Each group gets instructions to observe something specifically and take down notes during the second visioning of the programme.
  - Group1: Try to find information about the heart as an organ.
  - Group 2: What heart diseases are presented?
  - Group 3: How does our heart function?
  - Group 4: What examination methods do we know?
  - Group 5: How can we keep our heart fit and healthy?
- 6. Second visioning.
- 7. The groups create a leaflet on which they put together, in entire sentences, the most important points of their topic. The teacher copies these leaflets and hands them out in class.
- 8. The groups present the information they have found and answer questions of other students, if there are any.
- 9. The students individually do the worksheet on page 16. If necessary, they can once again watch the programme